



## Swallow Dell Curriculum Overview for PSHE & RSE

*This curriculum is currently under review*

|           |                                                  |                                            |                                              |                                     |                                                                      |                                         |                                                 |                                                                  |
|-----------|--------------------------------------------------|--------------------------------------------|----------------------------------------------|-------------------------------------|----------------------------------------------------------------------|-----------------------------------------|-------------------------------------------------|------------------------------------------------------------------|
| Nursery   | See EYFS curriculum overviews                    |                                            |                                              |                                     |                                                                      |                                         |                                                 |                                                                  |
| Reception |                                                  |                                            |                                              |                                     |                                                                      |                                         |                                                 |                                                                  |
| Year 1    | What is the same and different about us?         | Who is special to us? (families)           | What helps us stay healthy?                  | What can we do with money?          | Who helps us to keep safe?                                           | Growing up, staying safe                | How can we look after each other and the world? | Transition                                                       |
| Year 2    | What makes a good friend?                        | What is bullying?                          | What jobs do people do?                      | What helps us to stay safe?         | What helps us grow and stay healthy?                                 | Differences                             | How do we recognise our feelings?               | Transition                                                       |
| Year 3    | How can we be a good friend?                     | What keeps us safe?                        | What are families like?                      | What makes a community?             | Why should we eat well and look after our teeth?                     | Valuing difference & keeping safe       | Why should we keep active and sleep well?       | Transition                                                       |
| Year 4    | What strengths, skills and interests do we have? | How do we treat each other with respect?   | How can we manage our feelings?              |                                     | How can our choices make a difference to others and the environment? | Growing up with Respect                 | How can we manage risk in different places?     | Transition                                                       |
| Year 5    | What makes a person's identity?                  | What decisions can people make with money? | How can we help in an accident or emergency? | How can friends communicate safely? | How can drugs common to everyday life affect health?                 | Puberty and personal boundaries         | What jobs would we like?                        | Transition                                                       |
| Year 6    | How can we keep healthy as we grow?              | How can the media influence people?        | Staying Safe                                 |                                     | How can we keep safe near water?                                     | Puberty, relationships and reproduction | Moving On                                       | Transition : What feelings might we have about secondary school? |